



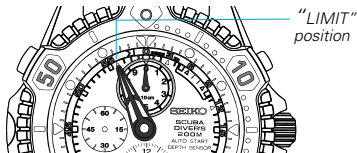
CAUTION

The rapid ascent warning is given whenever the diver's ascent rate is beyond the specified criterion. The extent of hazardousness, however, varies depending on the water temperature and the diver's physical condition. Please note that the warning serves only as a guideline for your diving activities.

EXTRA MEASUREMENT RANGE WARNING (LIMIT)

- If the measured depth exceeds 55.0 m, the DEPTH and MAX. DEPTH hands point to the 56-minute position, "LIMIT".

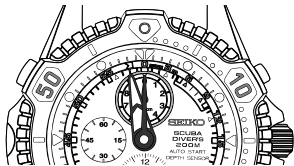
** If the diver returns to a depth of 55.0 m or less, the DEPTH hand indicates the depth properly.*



ABNORMAL MEASUREMENT / MEASUREMENT HALT WARNING

- If the watch senses an abnormality in depth measurement, the diving measurement is automatically halted.

The DEPTH hand points to the 58-minute position and the MAX. DEPTH hand points to 0 m.



CAUTION

If the watch gives the above warning, do not continue to use the watch for diving measurement.

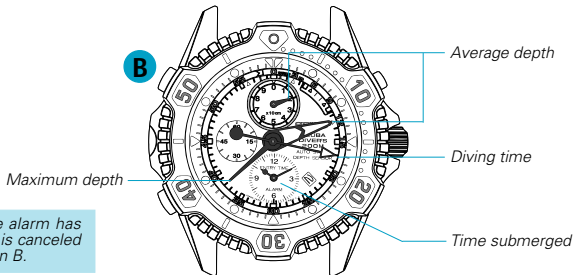
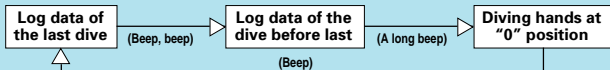
RECALL OF LOG DATA

- The watch retains data for two dives, namely, time submerged, diving time, maximum depth and average depth.

** Log data cannot be recalled while diving and for 10 minutes after diving.*

B Press to recall the log data.

- With each press of button B, recall of the log data and checking of the hand positions are made in the following order.

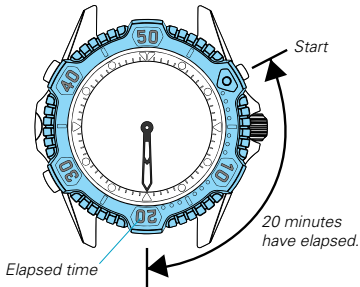
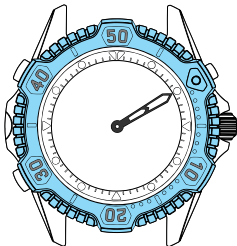


** If the single-time alarm has been engaged, it is canceled by pressing button B.*

ROTATING BEZEL

- The rotating bezel can show up to 60 minutes of elapsed time. It is useful for measuring the surface interval.

- 1 Turn the rotating bezel to align its "0" mark with the minute hand.
- 2 Read the number on the rotating bezel that the minute hand points to.

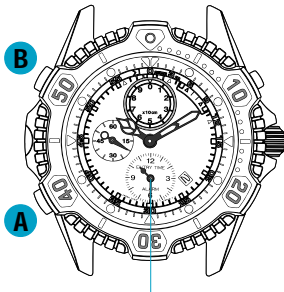


* The rotating bezel turns only counterclockwise for safety's sake.

SINGLE-TIME ALARM

- The alarm can be set to ring once within the coming 12 hours.
- While on the surface, the small hands at the 6 o'clock position serve as alarm hands.
 - * While you are at a depth of 1.6 m or more underwater and for 10 minutes after a dive, the single-time alarm function cannot be used.

ALARM TIME SETTING



Small hour and minute hands

Ex.: Alarm time is set at "10:30".

- B** Press to reset the hands for diving measurement to "0" position.
- ▼
- A** Set the alarm time.

* At the designated time, the alarm rings for 20 seconds and is automatically disengaged.

- **To stop the alarm manually:**
Press any of the buttons.
- **To cancel the alarm:**
Press button B to recall the log data, or press and hold button A until the small hands indicate the current time.

PRECAUTIONS FOR DIVING

BEFORE DIVING

- Check that:
 - the watch operates normally.
 - the crown is locked tightly in place.
 - there are no visible cracks in the crystal or the watch band.
 - the strap or bracelet is securely fastened to the watch case.
 - the buckle keeps the strap or bracelet firmly secured to the wrist.
 - the time and date are properly indicated.
 - the small second hand is moving at one-second intervals.
 - the log data of the previous two dives is recalled properly.
 - all the hands for diving measurement are reset to "0" position.

While the small second hand is moving at two-second intervals, or when the DEPTH hand points to the 58-minute position after all the hands are reset to "0" position, the watch will not measure the depth. In these cases, replace the battery with a new one. (See "BATTERY LIFE INDICATOR")

If there are any malfunctions, do not use the watch for diving. We recommend that you contact an AUTHORIZED SEIKO SERVICE CENTER.

- If the temperature of the water is much lower than the air temperature (for example, if the watch is put into water after it is left in direct sunlight for a long time), the watch may not measure the depth accurately. In this case, soak the watch in water for approximately 5 minutes before starting to dive.
- If the watch is used in places where atmospheric pressure or temperature changes sharply,